

**AVALON ELEMENTARY SCHOOL
PHYSICAL EDUCATION and DANCE
POLICIES and PROCEDURES 2008-2009**



We appreciate the opportunity to teach physical education/dance to your child, and would like to communicate to you the policies and procedures that will be followed in the classroom.

GRADING STANDARDS

Physical education/dance is a co-educational program that will meet everyday to satisfy the new mandates in Florida of 150 minutes of physical activity per week (*The 2008 Legislature passed Senate Bill 610 which was signed into law by Governor Crist on June 2, 2008. It included changes in statute as it relates to physical education for students in grades K-8; Requires 150 minutes each week for students in grades K-5 and requires at least 30 consecutive minutes of physical education on any day during which physical education instruction is conducted*).

All semester grades are comprised of evaluation in our six standards for physical education/dance.

Standard 1: The student demonstrates levels of competency and proficiency in various movement forms.

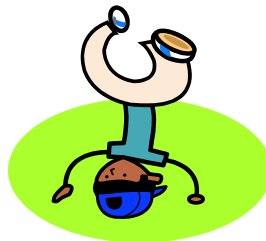
Standard 2: Applies movement concepts and principles to the learning and development of motor skills.

Standard 3: Exhibits and understands the benefits of participation in physical activity.

Standard 4: Understands how to monitor and achieve a health-enhancing level of physical fitness.

Standard 5: Demonstrates an understanding of the importance of responsible personal and social behaviors.

Standard 6: Adheres to the dress code policy





LEARNING EXPECTATIONS

DRESS CODE POLICY:

1. Tennis shoes must be worn to be able to participate in class.
2. Comfortable, safe clothing. (If sandals, boots, strappies, etc. are worn to school, your child should change into a pair of sneakers for participation purposes; if dresses or skirts are worn, shorts should be underneath)
3. Consequences for not being prepared for class may include any or all of the following: walking the track or green top in whatever was worn to school (to continue to satisfy the mandates mentioned above) and/or completion of a written current sporting event. If a student is consistently unprepared for class, principal will be notified and then parents will be contacted.

ATTENDANCE POLICY:

Since physical education/dance is an activity based, participation class, students may make up absences in two ways:

1. Exercise at home and have a parent sign off on the activities completed.
2. Complete a written report on a sport, athlete, or health issue.

MEDICAL EXCUSES:

1. In order to be excused from activity due to illness/injury, a note from a parent/guardian must be given to the teacher at the start of class. If the student becomes ill/injured during the day, he/she should tell the physical education/dance teacher of the injury or illness, and work to the best of his/her ability.
2. Doctor's excuses must be in writing. After giving the teacher this note, the student will be required to complete other tasks (such as officiating or written work) to make up missed activity. The student may **not** return to activity without a written release from the doctor.

CLASSROOM EXPECTATIONS

1. Be prepared for class.
2. Show good sportsmanship.
3. Follow directions and school rules.
4. Only touch equipment when given permission.
5. Keep water fountain heads facing the proper way
6. TRY YOUR BEST and FUN!!!